

# COMMONLY ASKED QUESTIONS THE COMMUNITY FRIDGE

## When is Community Fridge open?

The community fridge is open every Monday from 12 pm (apart from Christmas, Easter and bank holidays)

## Who is the community fridge for?

The community fridge is open to everybody! The main aim is stop surplus food going to waste!

## How much am I allowed to take?

You are allowed to take 1 shopping bag of food, that way everyone fairly gets the same amount

## What comes in on a Monday from the Felix Project Delivery and how much?

We never know what will come in and how much until Monday's delivery. You have to come and see from 12 pm onwards!

## Is this a food bank?

No, the community fridge is for everyone, no need sign in or give any of your details

## I came to the community fridge and there was no food left. What should I do?

Don't worry, we have plenty of free, community meals at the Redmond Community Centre. Please ask at the front desk for our weekly centre schedule

## I'd love to donate food! How do I do that?

Please email [charlotte.arnold@mhdt.org.uk](mailto:charlotte.arnold@mhdt.org.uk) to find out more

**Please respect our staff, we will not tolerate abuse. Thank you**