



what you decide to do

is up to you!

right now, you are helping to ensure that **everyone** in north london deserves to lead **a healthy and happy life.**

your fundraising helps us to continue to deliver vital services to the local community. we aim to fight against isolation, loneliness and improving general wellbeing. we believe everyone deserves the same chances in life, which is why we deliver services that improve social networks, help people make positive changes and to help people determine their own future and we're glad you share the same values as well! this fundraising pack will give you inspiration and ideas on how you can raise money and how to get yourself prepared, as well as inspirational quotes and stories from those who attend our projects.

“ it's so nice to find people to relate to, it can get lonely being a single parent, but I feel I've made some **real lasting friendships**”

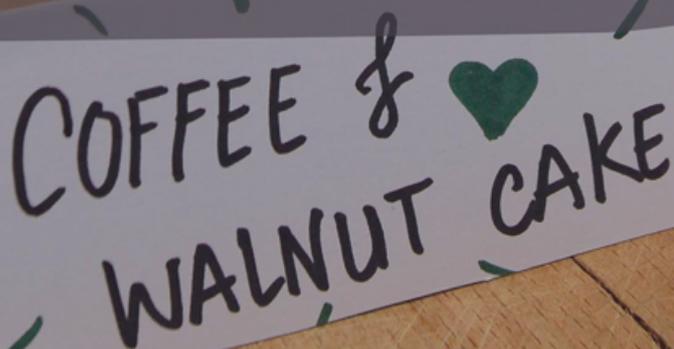
abebi -
toddlers club

find out more at www.redmondcommunitycentre.com

first things first....

what sort of fundraiser, are you?

are you partial to a slice of cake or two?
are you a fitness bunny or a social butterfly?
There are loads of fun ways to raise that fits
in with who you are.



COFFEE & WALNUT CAKE

"i've always been a keen baker, so I thought why not bake for good?"

jenny - Spring Bake Off

but where to begin? a great place to start is thinking what you love to do. perhaps you're an outdoorsy person? why not host a sponsored walk? think about your talents as well, perhaps you love making crafty items, perhaps you could sell your creations? the possibilities are endless! whatever you decide, we'll help you along the way



games night

why not host a fun night in?



face - painting

just ask for a small donation



"it wasn't hard to get people on board, we had so much fun as well"

gloria - sponsored zumba

decided what
you're gonna
do?.....
great
**here's
what you
need
to do**

fancy hosting your event at
the redmond community centre?
contact info@mhdt.org.uk

“ a lot of people
are struggling
with money
at the moment.
So, for it to be
free as well
**that is
amazing...**”
akimba -
quilty pleasures

✓ **safety, safety!**

make sure to do a health
and safety check if you plan an
event, we've added what you'll
need on our fundraising page

✓ **shout it from the
rooftops!**

set up an event page on your
facebook and invite all your friends,
we've added a poster and pledge
card for you in this pack

✓ **set a date**

give yourself plenty of time to plan
and to give your friends and family
notice

✓ **a helping hand**

any of your friends got practical
skills or can help you plan? get them
involved, every little helps!

✓ **we want to hear from
you!**

got your fundraising event planned?
tell us! we'll help you promote at
charlotte.arnold@mhdt.org.uk



where does your money go to?

your money goes towards creating wellbeing projects that have proven to increase social connections, decrease isolation & loneliness, and empowered people to reach their full potential through training, volunteering or employment.

“i didn’t get the best grades at school, but since being a part of this group, I’ve had access to training programmes and career guidance, **the future looks bright!**”
ayisah - confidence academy for mums

laura’s story

Laura is a local resident, carer and mother of two, she has been attending our cooking project for almost 2 years “I’m a carer and live in, so I don’t get a chance to socialise much and they’re such a friendly bunch that attend I am chatting to people on a social level, whereas wouldn’t have had that opportunity”



“to know my kids aren’t missing out on fun activities just because we’re a little short on of cash right now **is such a relief!**”
maryanna - half term activities



just a little helping hand



just a few useful tips
and **a little advice**
on how to best get
out of your fundrais-
ing event

**you're doing some-
thing great**

remember, you're helping to support
people in north london and hackney lead
happy, healthy and full lives

**nothing beats
the classics**

you don't need to go online; you can send
your donations by cheque. just go to our
fundraising page to download how to send

cheques to us

go online

go to [justgiving.co.uk](https://www.justgiving.co.uk) to set up your fundraising
page. it's super easy and donations directly go to
mhdt or go to [www.redmondcommunitycentre/do-
natenow.com](https://www.redmondcommunitycentre/donatenow.com) if you already have raised funds

set a target

setting yourself a target is a great motiva-
tor and perfect way to get your mates to
cough up a few more pennies!

share, share, share!

tweet, snapchat, instagram, facebook... use
all your social media platforms to share your
great work, and don't forget to tag us!

mary's story

mary moved into social housing with her
3 children in 2019, she participates in
our weekly embroidery classes

"I didn't know anyone
when I first moved
here, my kids are
old enough to go
to school so I used
the opportunity to start a

new hobby. it's been so lovely to meet
people in a similar situation to myself,
we chat about almost everything, I even
completed my first cushion cover!"



i'm helping

to support

**vulnerable
people**

across north london

and hackney

my _____

is happening on

manor house development trust is a registered charity that provides local services that improve wellbeing, health and new found connections across hackney and north london. we believe no matter your background or where life has taken you, everyone deserves the same chances in life.

charity number 1127604



hey it's _____

to support

vulnerable people across

north london and hackney

i will be _____

on _____

i want to raise _____

pledgecard

#mhdtfundraise

